



# Kitchen Helper

Posted by R&J Concessions Inc.

**Posting Date :** 30-Jan-2025

**Closing Date :** 29-Jul-2025

**Location :** Calgary

**Salary :** \$17 Per Hour

## Job Requirements

- **Education:** No formal education needed
- **Language:** English
- **Years of Experience:** Fresher (less than 1 year)
- **Vacancy:** 10
- **Job Type:** Full Time
- **Job id:** ABOJ3295287

## Job Description:

### Kitchen Helper Verified

Posted on January 30, 2025 by

Employer details R & J Concessions INC

Job details

- Location Calgary, ABT2G 2W1
- Workplace information On site
- Salary17.00 hourly / 40 hours per Week
- Terms of employment Seasonal employment Full time
- Day, Early Morning, Evening, Morning, Overtime, Shift, Weekend
- Start date: 2025-07-01End date: 2025-07-31
- Benefits: Other benefits
- vacancies10 vacancies
- SourceJob Bank #3216727

Overview

Languages

English

## **Education**

- No degree, certificate or diploma

## **Experience**

Experience an asset

## **On site**

Work must be completed at the physical location. There is no option to work remotely.

## **Work setting**

- Room and board provided

## **Responsibilities**

### **Tasks**

- Clean and sanitize items such as dishwasher mats, carts and waste disposal units
- Operate dishwashers to wash dishes, glassware and flatware
- Place dishes in storage area
- Replenish condiments and other supplies at tables and serving areas
- Sanitize and wash dishes and other items by hand

- Scour pots and pans
- Portion and wrap foods
- Prepare, heat and finish simple food items
- Clean and sanitize kitchen including work surfaces, cupboards, storage areas, appliances and equipment
- Handle and store cleaning products
- Receive, unpack and store supplies in refrigerators, freezers, cupboards and other storage areas
- Remove kitchen garbage and trash
- Sweep, mop, wash and polish floors
- Wash, peel and cut vegetables and fruit

## **Additional information**

### **Transportation/travel information**

- Willing to travel

### **Work conditions and physical capabilities**

- Fast-paced environment
- Handling heavy loads

- Overtime required
- Physically demanding
- Repetitive tasks
- Standing for extended periods
- Work under pressure

### **Weight handling**

- Up to 23 kg (50 lbs)

### **Personal suitability**

- Reliability
- Team player

### **Benefits**

#### **Other benefits**

- Free parking available
- On-site housing options
- Transportation provided by employer

### **Who can apply to this job?**

**Only apply to this job if:**

- You are a Canadian citizen, a permanent or a temporary resident of Canada.
- You have a valid Canadian work permit.

If you are not authorized to work in Canada, **do not apply**. The employer **will not respond to your application**.

## **How to apply**

### **Direct Apply**

By Direct Apply

### **By email**

[rjukmar@aol.com](mailto:rjukmar@aol.com)

### **By mail**

7070e Farrell Road SE suite 167 Calgary, AB T2H 0T2

This job posting includes screening questions. Please answer the following questions when applying:

- Are you available for shift or on-call work?
- Are you available for the advertised start date?

- Are you currently legally able to work in Canada?
- Do you have previous experience in this field of employment?

**To apply for this job vacancy, please send your resume along with a cover letter and a reference letter from your previous employer to the following email: [rjukmar@aol.com](mailto:rjukmar@aol.com)**

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