

Cook

Posted by Flameo Bathurst

Posting Date: 22-Oct-2025

Closing Date: 20-Apr-2026

Location: Bathurst

Salary: \$16 Per Hour

Job Requirements

• Education: Secondary (high) school graduation certificate

Language: English or FrenchYears of Experience: 1 year

• Vacancy: 2

Job Type: Full TimeJob id: ABOJ4421102

Job Description:

Cook

Job Title: Cook (NOC: 63200)

- Prepares assigned food items by following established menus, recipes, and quantity
 quotas, determining ingredients and quantities required and assembling ingredients
 and equipment required for cooking.
- Plans preparation and cooking schedule
- Cooks and seasons assigned food and therapeutic diet items such as soups, sauces, salads starches, meats, fish, poultry, vegetables, and desserts by methods/procedures such as roasting, frying, grilling steaming, poaching boiling, baking: tests food items for palatability and temperature and adjusts accordingly
- Carves food items such as meat and poultry and controls portioning of food items to ensure recipe yield meets assigned quantity quotas
- Maintains established food rotations in storage, to minimize spoilage and waste
- Performs other related duties as assigned.

Work Conditions

 Work under pressure, handling heavy loads, repetitive tasks, standing for extended periods, physically demanding, fast paced environment, attention to detail.

Personal Suitability

 Client focus, dependability, initiative, organized, team player, excellent oral communication, reliability, flexibility, judgement

Security and Safety

• Bondable, criminal record check child abuse registry check

Credentials

• Safe Food Handling Certificate, Food Safety Certificate

How to Apply

• Email: bathurst@itsflameo.ca

Posted On Aboriginaljobsincanada.Com